



Maine State Premier League Procedures and Rules 2026

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100. Name and Purpose

The name of the competition is the Maine State Premier League. The Maine State Premier League’s purpose is to offer an opportunity for competitive premier level youth club teams of affiliated member clubs to participate in an organized premier-level outdoor league in Maine during the spring season. The Maine State Premier League is a qualifying league for Soccer Maine’s State Cup and Presidents Cup and is a sanctioned US Youth Soccer League.

200. League Organization:

201. Dates

Season will run from the last Sunday in March to potentially the second Sunday in June. Games will be primarily scheduled on Sundays with a few possible Saturday dates. Teams may move games to Saturdays at mutual agreement. **Potential dates** for 2026 are: March 29, April 4, April 12, April 19, April 26, May 3, May 10, May 17, May 30, May 31, June 7, June 13, and June 14.

202. Team Eligibility

The Maine State Premier League is open to premier teams from Soccer Maine premier clubs in good standing, and qualified classic level teams fielded by Soccer Maine classic clubs in good standing, or by qualified teams from clubs in good standing with other State Associations who have correctly submitted entry information, paid the league fees, and are otherwise in good standing. Teams from Classic club wishing to participate at any age group other than “high school” must fill out a qualifying application. Qualification is determined and approved by the VP of Premier or League Director. High School teams from classic clubs would participate in a “high school” division if there are enough teams applying.



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204. Age Groups Offered

The Maine State Premier League will offer competition in the following age groups:

Age group:	Type of Games:	Format:	Player Age on Dec 31 st , 2025
9-Under (2017)	Noncompetitive	7v7	8 (2017-2018 birth year)
10-Under (2016)	Noncompetitive	7v7	9 (2016 birth year or younger)
11-Under (2015)	Competitive	9v9	10 (2015 birth year or younger)
12-Under (2014)	Competitive	9v9	11 (2014 birth year or younger)
13-Under (2013)	Competitive	11v11	12 (2013 birth year or younger)
14-Under (2012)	Competitive	11v11	13 (2012 birth year or younger)
15-Under (2011)	Competitive	11v11	14 (2011 birth year or younger)
16-Under (2010)	Competitive	11v11	15 (2010 birth year or younger)
17-Under (2009)	Competitive	11v11	16 (2009 birth year or younger)
18-Under (2008)	Competitive	11v11	17 (2008 birth year or younger)
19-Under (2007)	Competitive	11v11	18 (2007 birth year or younger)

204.1 Soccer Maine retains the right to combine age groups in a playing division to ensure the viability of the league. For example, if there are not enough 13-Under teams, they would be combined with the 14-Under age group teams for purposes of the league schedule. The minimum number of teams needed for an age group to have its own dedicated playing division is 4 teams.

If there are enough teams in a given age group, Soccer Maine will consider creating several playing divisions within an age group.

204.2 9U and 10U teams need a minimum of 4 teams for a division. 8U players (2018 birth year) will be the youngest players allowed on 9U and 10U in the MSPL at this time. 10U teams must include 10U players. 9U teams must include 9U players. These will be a non-competitive age groups.

204.3 11U teams will be mixed with 12U teams if there are not enough teams to form their own division, i.e. 4 teams. As part of the 12U division, they are eligible for those playoffs. If there are enough U11 teams to form a division, they will have their own playoff.

205. Administration

The VP of Premier, and Executive Director of Soccer Maine will conduct the Maine State Premier League. The Executive Director and staff have final determination in all matters of team entry, and scheduling. The VP of Premier has final determination regarding conduct of the league. The VP of Premier and Executive Director also have complete and final authority over any disciplinary matter arising out of Maine State Premier League play including suspension and fines when considered appropriate.



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300. Entry Procedure and Fees

301. Club Affiliations

All Maine Clubs must answer the Club Affiliation questions through their Got Sport club account and submit their Club Affiliation fee of \$100 and bylaws to Soccer Maine by July 15th for the upcoming seasonal year.

302. Team Entry

Clubs submit team entries to Soccer Maine through their **Got Sport** club accounts by January 1st and pay entry fees by January 1st. The team entry fee is \$275/team for U12 – U19, and \$245/team for U9-U11. Once a club submits its entry through their Got Sport club account, they have committed the team to participate in the Maine State Premier League. Acceptance of teams after January 1st is at the discretion of the VP of Premier, or League Director, and Executive Director.

303. Team Withdrawal

Clubs may withdraw any team prior to January 5th and receive a full refund of the entry fee. **Teams can only be withdrawn/removed from the league by notifying the Soccer Maine Executive Director in writing.** Any team withdrawn from the League after January 5th forfeits the full team entry fee. Further, any team withdrawn after schedule release will incur an additional \$250 fine.

304. Player Registration Fees

The player registration fee is \$16/player due by February 1st.

400. Player Registration, Team Rosters and Player Passes

401. Player Registration

The player registration deadline is February 1st to show a viable roster. All players should be correctly registered in your **Got Sport** club account and placed on the appropriate team. **Clubs can add to their rosters up to the roster freeze date of March 9th for those teams that will begin play on March 29th, and March 16th those teams that will begin play on April 4th, etc.** The Player Registration fee is \$16 per player.

402. Team Rosters

All teams must have an Official ***Soccer Maine Roster with the State Registrar/Executive Director's signature*** to participate in the Maine State Premier League. Teams must have a paper copy of the Official Roster available for the head referee at all competitions. The rosters must have a minimum of seven (7) players for 10U - 12U and nine (9) players for 13U and above.

402.1. 9-Under & 10-Under (SS) Roster Size: 10-Under (ss) teams playing 7v7 may have up to fourteen (14) players on their team roster.

402.2. 11-Under and 12-Under (SS) Roster Size: 11-Under (ss) and 12-Under teams playing 9v9 may have up to eighteen (18) players on their team roster.



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402.3. 13-Under to 19-Under Roster Size: 13-Under to 19-Under age group teams may have a maximum of 22 players listed on the team roster.

Each player listed must be registered with the State Association in which he or she resides with his or her parent(s) or guardian(s). For a student in residence at a boarding school, college, university, or division of a college, the player may register in the state in which the boarding school, college, university, or division of the college is located. **A minimum of five (5) players for 10-U, and seven (7) players for 11-U and up constitutes a team for play in a game.**

402.4 Double-roster player: Players are not permitted to double roster with teams participating in the Maine State Premier League.

402.5. Coaches on Roster: A maximum of 3 coaches can be rostered to a team. Each team must have an appropriately licensed coach on the sideline with the corresponding grassroots license for U9 through U14, and U15 and Up must have a D licensed coach.

402.6. Rosters Frozen: The Rosters of every team 11-Under to 19-Under entered in the Maine State Premier League are frozen on March 9th at 6pm, or March 16th at 6pm, based on when the team begin play in the league – see 401.

403. Player Passes

Individual players on Maine State Premier League teams must have a **valid and current USYS Player Pass from Soccer Maine with the Executive Director/State Registrar's signature on it.** The Player Pass must have a current photo and be laminated.

404. Club Pass

The “club pass” concept’s core objective is to provide clubs and coaches with the flexibility to move players from team to team within their own club **as necessary** for equity in games based on player development and team needs. Club Pass allows MSPL Clubs to temporarily loan players from one team to another for a specific game. Players must be registered in their club prior to the roster freeze for the league in order to be eligible for Club Pass. Players can only be rostered to one team. A team must present the Club Pass player’s official Soccer Maine roster along with their team’s official Soccer Maine roster to the referees, and if requested, to the opposing team. The team must also have and be able to present the player’s player pass. The total number of players cannot exceed the allowable number of game day players for that particular age group. **A maximum of 3 players for any given league game can be club passed.** Any changes to the roster must be completed before the start of the game. It is the responsibility of the coaches to understand the restrictions on club passes, not the referee. Players may be allowed to move up no more than two age groups, but never move down an age group.

Any team who adds players not within these guidelines will automatically forfeit the game and be subject to a fine.



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500. Scheduling, Canceling, and/or Terminating Games

501. Scheduling

The Executive Director will create the League schedule based on the team entries submitted to Soccer Maine. 11U through 19U normal schedule is 6 games but can be 7 games. 9U and 10U normal schedule is 8 games. Schedules will be posted on the Soccer Maine website by March 1st for U11 through U19. Schedule for U9 and U10 will be posted by April 1st. League games are predominately scheduled for Sundays. On a few circumstances, league games may be scheduled on Saturdays. Once the schedule is published, teams can request a change, through a Game Change Request Form in Got Sport prior to the beginning of league play on March 29th, if they wish to move their game to another date within that weekend. **No date changes to games will be allowed after that date unless for *extreme weather or loss of field*.** Game locations and times must be entered in **Got Sport, a minimum of one week ahead of a given game to provide reasonable notice to the opposing team.** Game locations and times must be entered in the U9/U10 google schedule a minimum of one week ahead of the round robin. **No changes to the location or start time will be made to the schedule after that time unless caused by loss of field. For any game that must be rescheduled due to loss of field within that week, the home team must contact the opponent via email and phone, and cc. the VP of Premier/League Director/Executive Director.**

Once the schedule has been created and posted for teams to view, individual clubs have the responsibility to arrange the times and locations for home games, keeping in mind a reasonable time frame for travel. **As noted, this must be completed within a minimum of two weeks ahead of the game.** Soccer Maine does not secure playing sites or assign game times. This is the responsibility of the Member Clubs to allow for scheduling flexibility within clubs and to facilitate assignment of referees. Neutral sites to accommodate distant opponents is not required, however, if location and cost is agreed to by both teams, then it is allowed and encouraged.

502. Cancelling Games

502.1. Unforeseen Circumstances: If severe weather or extenuating circumstances, such as destruction of field would prevent a game from being played safely, and if the game must be postponed, the home team is responsible for making that decision and informing Soccer Maine, the opponent and the referees. **The home team is responsible for attempting to find a suitable time to reschedule the game in agreement with the visiting team, within a 2-week period.** If the game is not rescheduled due to the actions or inactions of one of the teams/clubs, that team/club will receive a forfeit. The home team must inform the VP of Premier/League Director of any such situation by e-mail. **There are no other circumstances that are acceptable for cancellation of a scheduled game.** Per paragraph 402.2, a minimum of 7 players constitutes a team, therefore teams are expected to play their scheduled games if they have 7 or more players. Any other cancellations are considered No Shows/Forfeits per the paragraph below.

502.2. No Shows/Forfeits: In the event a team does not arrive at the venue (“no show”) at the scheduled start time, the game is considered a forfeit. Any team which forfeits a game incurs a \$500 fine plus the entire amount of the referee fees. The team’s club must pay the fine to Soccer Maine within seven days (7 days) and pay the referee fees to the hosting team immediately. It is the



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responsibility of the hosting team (home team) to notify Soccer Maine by e-mail of any team who forfeits a game as a result of a “no show.” Failure by a club to pay the fine shall result in the club’s not being in good standing and thus its teams would be ineligible to compete in any Soccer Maine sanctioned game and/or event.

502.3 Commitment to Play: Any teams not completing their game schedule will not be eligible for league finals. Teams with an agreed to abbreviated schedule for purposes of qualifying for State Cup are not eligible for league finals. Teams not fulfilling their Maine State Premier League commitments will be reviewed at the end of the season and may be subject to fines and suspension from future competitions. Any team using the Maine State Premier League as a State Cup or Presidents Cup Qualifying league must play all games as they are scheduled.

503. Terminating Games

Once a referee has jurisdiction of a game, the game may only be terminated by the referee as provided for in the FIFA Laws of the Game.

503.1 Game Terminated in First Half: If a game is terminated before the second half of the game has begun, and the termination is not due to the conduct of one of the teams, the game shall be replayed in its entirety.

503.2 Game Terminated in Second Half: If a game is terminated after play has begun in the second half of the game, but before the end of the second half, and the termination is not due to the conduct of one of the teams, the game is considered complete, and the score at the time of termination will stand.

503.3. Games Terminated due to Misconduct: If a referee terminates a game based on the conduct of either team, its coaches, officials, or spectators, the League Director will hold a hearing to determine penalties, including forfeiture of the game. If a team terminates a game before the referee signals the game ended, the team will forfeit the game and the League Director will hold a hearing to determine any additional penalties.

600. Referees & Referee Fees

601. Assigning

Home teams are responsible for obtaining referees for League games through their designated Certified Referee Assignor. Member Clubs must have a Certified Referee Assignor. **The Referee Assignor must only assign currently certified referees. There are no exceptions to these requirements in any circumstances.**

602. Number of Referees

All Maine State Premier League age groups **MUST utilize a “three man” referee crew employing the diagonal system of control.** A “two man/two whistle” system may NEVER be utilized under ANY circumstances. In the event that an Assistant Referee is missing, the assigned center referee can ask the participating teams to assist him/her in finding a “club linesman.” The “club linesman” will only signal the ball in or out of play according to Law 9.



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603. Referee Fees

Each team will pay half of the referee fees directly to the assigned referees. Teams must pay fees in full in advance of the game. Referees will be instructed not to commence a game until they have been paid in full. Referee fees are as follows:

Age Group	Referee:	Assistant Referee (each):
9-Under to 10-Under	\$50/game	n/a
11U Under to 12-Under	\$60/game	\$30/game
13-Under to 14-Under	\$70/game	\$35/game
15-Under to 16-Under	\$80/game	\$40/game
17-Under to 19-Under	\$90/game	\$45/game

604. Referee Responsibilities

The referee is responsible for the conduct of the game. The referee keeps the time of the game. The referee is the sole judge of the suitability of the field at game time and its equipment, and the players' uniforms and equipment.

604.1 Game Reporting: Upon completion of the game, the center referee should submit a Game Report to their referee assignor by e-mail. Any games that involve yellow or red cards should have the full game report submitted to the VP of Premier, or League Director, and Executive Director. The report shall include the score and any details regarding cautions or ejections. Reports of cautions and/or ejections shall include the Date, Player Name, ID Number [from player pass], Team Name, and reason for each caution or ejection. Official game report forms are located on the Soccer Maine website at www.soccermaine.com under Referees.

700. Game Procedures

701. General

All MSPL games played (scheduled games and friendlies between teams in the league, or versus other USYS teams) are considered Soccer Maine sanctioned games and subject to application of all rules and conditions set forth in this handbook and all other Soccer Maine Policies, Procedures and Rules. Sanctioned games are the only games in which your insurance coverage is in effect.

701.1 Field determination: Both teams, and a maximum of three (3) team officials for each team, shall take the same side of the field. Spectators shall take the other side of the field. The home team shall choose which side the teams will take.

701.2 Game Ball: The home team shall provide the game ball.

701.3. Jersey Numbers: All uniforms must be numbered. Duplicate numbers on any team are not permitted.



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701.4. Jersey Colors: The away team shall have choice of jersey and sock colors. In the event of a conflict, the home team must change if so directed by the referee.

701.5. Availability of Procedures and Rules: Coaches are required to have a copy of these Procedures and Rules with them for any clarifications.

701.6. Pre-Game Procedures

- a. These Procedures MAY NOT be waived by the referee or the coaches under any circumstances.
- b. Each team must present for inspection by the referee a copy of its approved and Frozen Roster and the Player Passes. The referee must verify the identity of the players against the Player Passes and the Frozen Rosters and verify player jersey numbers against the roster. The referee will verify that all documents are in good order.
- c. The referee may prohibit the participation of a player whose identity cannot be verified or whose documents are inconsistent or otherwise deemed improper.
- d. In the 9-Under to 19-Under age groups, teams will note on the Roster presented to the referee the players that will participate in the game during that game on that day. Any players listed on the roster but not playing in the game do not have to report for inspection by the referee and may sit on the team's bench in street clothes. At the time of the kickoff, the roster of the participating players (14 for 10U, 16 for 11U-12U and 18 for 13U-19U) will be set and no changes can be made.

701.6. Post-Game Procedures:

- a. Home teams will enter the score of the game within 24 hours after the game is finished by going to <https://system.gotsport.com> using a smart phone or other mobile device, and looking for the **Scoring Entry** link.
- b. Enter your **EVENT ID: ME329** **PIN: 2026**
- c. Enter your game number and click **GO**.
- d. Click on the "H" box (Home) and enter scores for both teams, then press **SAVE**.
- e. Game scores for U9/U10 round robin games will be entered on the Google schedule sheet.
- f. Game scores not entered will result in a forfeit for the home team. Teams that do not enter game scores will not be eligible for league finals. Repeated violations of score reporting will result in removal from the League.
- g. The referee will submit a Game Report including results and noting any cautions (yellow cards) or ejections (red cards) to the League Director within 48 hours of completion of all Maine State Premier League games.



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702. Coaches

At all times, a minimum of one appropriately USSF licensed, and Soccer Maine rostered coach must coach a team and be present in the team area. A maximum of three Soccer Maine licensed coaches may be in the team area during games. Coaches are restricted to the technical area and cannot coach from any other area of the field. They must refrain from loud, persistent, or intrusive coaching of players from the touchline.

All coaches, assistant coaches and other team personnel must be appropriately registered as premier level and USYS affiliated, and are required to complete all risk management, SafeSport training and concussion awareness training processes in order to be rostered to and/or work with a premier team affiliated with a Soccer Maine club. These are all available through a coach's individual **Got Sport** account, and status can be viewed in the club's account.

702.1. Coaches' Responsibilities: Coaches are responsible for their own conduct and for the conduct of their players and fans at all games. Abusive or obscene language, violent play, violent conduct or other behavior detrimental to the game will not be tolerated. Parents and other spectators must remain on the opposite sideline. The failure of a coach to control his/her players and spectators may result in action against him/her by the referee and by Soccer Maine. Coaches and managers who are ejected must leave the vicinity of the playing field and remain completely away from the playing field for the duration of the game and immediately afterwards. Failure to abide by this rule may result in additional disciplinary action.

703. Field

The Maine State Premier League is an **outdoor league**. The home team/club is responsible for ensuring that the outdoor game field is ready and safe for play at least 30 minutes prior to the scheduled kick-off. Ready and safe for play includes but is not limited to smooth and stable playing surface, proper field markings, corner flags, goals, goal nets, all according to FIFA Laws of the Game, and goal anchors. Should reasonable corrections be required by the referee, the host team is responsible for compliance.

If a club cannot provide a suitable outdoor game field for a scheduled game, they must either submit a game change request in a timely manner pursuant to the stated policies in this handbook, and/or give their opponent the option of hosting the game.

Games for 12U and 11U only can be considered for moving to an indoor **field if all attempts to schedule the game on an outdoor field have not been successful**. The indoor field must be a traditional field of appropriate size with appropriately sized goals, no low ceilings or other impediments can be in the field area. Please note that this is only to be used as a last resort for scheduling games.

Games for 10U and 9U can be considered for moving to an indoor field.

Failure to provide a suitable game field according to the above standards and the specifications in Appendix A is grounds for a game to be terminated. If a game must be terminated due to a game field that is not ready and safe for play, the home team will incur a \$300 fine.

Clubs are requested to submit a list of their home fields to the VP of Premier or League Director prior to the start of the season. Fields must be in good field condition and appropriately sized.



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704. Game Oversight

Once the referee is on site, s/he is responsible for ensuring that the game is played to completion per the rules and regulations being applied to the game. The referee has the exclusive right and corresponding responsibility to terminate and/or abandon a game. Should this occur, the referee must provide a written game report within 24 hours to the League Director, and the State Referee Administrator.

705. Heading Protocol

There will be no heading allowed in games for players 10 and under (U11 and below). This includes any players of this age who are playing on an older team. This protocol should be followed in all training/practices as well.

Deliberate heading in these age groups will result in awarding an indirect free kick to the opposing team from the spot of the offense. If the deliberate header occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the point nearest to the spot of the offense.

12U through 14U players shall limit heading training to no more than 30 minutes per week. Players younger than 12U who may be playing up on a MSPL team shall not engage in heading in either practice or games regardless of the age group of the team they are playing for. Please note that this follows the newly released Concussion Initiative from US Soccer for all youth soccer players, known as the Recognize to Recover Player Safety Campaign.

706. Laws of the Game

Except as otherwise provided for in these rules; FIFA's "Laws of the Game" apply to all age groups within the Maine State Premier League.

706.1. Game Duration and Ball Size: The length of games and the ball size shall be as follows:

Age Groups	Length of game	Ball size
9-Under to 10-Under	Two 25' halves	Size 4
11-Under to 12-Under	Two 30' halves	Size 4
13-Under to 14-Under	Two 35' halves	Size 5
15-Under to 16-Under	Two 40' halves	Size 5
17-Under to 19-Under	Two 45' halves	Size 5

706.2. Tie Games: Tie scores will stand in all games. No overtime or penalty-kick tiebreakers.

706.3. Substitutions: Substitutions may be made, with the consent of the referee, at any stoppage of play. There is no limit on the re-entry of a substituted player into the game for 9-Under through 19-Under age divisions. The goal of Soccer Maine is to use the Maine State Premier League as an opportunity to develop all of the players on the roster. Coaches are encouraged to group substitutions to minimize stoppages of play either by having several players from their own team enter together rather than consecutively several minutes apart, or by having substitutes ready to enter at the same time as substitutes from the opposing team.



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800. Standings, Playoffs, Tiebreakers

801. Standings

Standings will be kept in each competitive age group division or combined age group division. A team's standings in its division will be determined by the number of points it receives based on its win/loss record during the league season. Points will be awarded as follows:

- a. Three (3) points for a Win
- b. One (1) point for Tie
- c. Zero (0) points for a Loss

802. Playoffs

The top two teams in each **competitive age group** (this is not the same as playing division with the exception of 18U/19U which is considered one age group) will play in a league final. Teams must fulfill all league obligations and play all league games to qualify for the final. Soccer Maine reserves the right to combine age groups into a single playoff division if there are less than 3 teams in any age group. Several age groups may be joined in a playing division; however, their league final would be separate as long as there were at least 3 teams for that age group. League finals will be played at the end of the season on a weekend to be determined. At the discretion of the VP of Premier/League Director, if there are 8 or more teams in a single age group, there may be semifinals.

802.1. Club Pass in Playoffs: Club pass will be allowed in league finals up to a maximum of **3** players as long as the players in question are not playing in a league final for another team.

Players whose team qualifies for their league final are not eligible to club pass onto another team for league finals.

Club Pass players cannot displace rostered players who are ready and able to play in their league final. Club Pass players cannot be added to a team that has reached its maximum 18 or 16 player game limit.

803. Tiebreakers

In the event of a tie within a division, the following criteria will be used to determine final placement:

- a. Head-to-head result.
- b. Goal differential (only the first four goals greater than the opponent count toward goal differential).
- c. Fewest goals allowed.
- d. Fewest Yellow and Red Cards.
- e. Coin Toss conducted by Executive Director.
- f. Three-way ties are resolved starting at tie breaker # 2, with second place again starting with tie breaker # 2.



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900. Protests, Penalties, Suspensions

901. Protests

All questions relating to the qualifications of the competitors, interpretation of the rules or any dispute shall be referred to the VP of Premier or League Director, and in their absence, the Executive Director. A plea of ignorance to the Procedures and Rules of the League is not sufficient grounds for a protest or appeal, nor are decisions of the referees. The League shall not hear game protests.

902. Suspensions

Any player who is ejected from a game (receives a red card) or a coach/assistant coach who is ejected from a game must sit out the next Maine State Premier League game. Any player or coach who is ejected from the last game of the season must sit out the next Soccer Maine sanctioned game, whether in a league, State Cup, tournament, or other event. A player, coach, or parent may be suspended for more than one game if the VP of Premier or League Director determines the initial offense to merit more severe consequences. The VP of Premier or League Director will notify the State Association of all disciplinary actions. It is the responsibility of the Club President to report game suspensions to the VP of Premier, or League Director, and Executive Director.



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APPENDIX A – LAWS OF THE GAME

Except as otherwise provided for in these rules; FIFA's "Laws of the Game" apply to all age groups within the Maine State Premier League.

For all age groups, goals must be anchored securely to the ground.

Rules: 10U Modified Rules - 7v7

Law 1 – The Field:

- A. Dimensions: The field of play shall be rectangular, its length being not more than 65 yards nor less than 55 yards, and its width not more than 45 yards or less than 35 yards. The length in all cases shall exceed the width. Recommendation: Length – 60 yards, Width – 40 yards.
- B. Markings:
 1. Distinctive lines necessary, sidelines and goal lines.
 2. Penalty Area – 12 yards out from the goal line x 24 yards wide.
 3. A halfway line can be marked out across the field or otherwise indicated.
 4. While other markings are possible, they are not necessary to ensure the enjoyment and development of the youngsters.
 5. A center circle with an 8-yard radius.
 6. Four corner arcs with a two-foot radius.
 7. Goal Area – 4 yards from the goal line x 8 yards wide.
 8. Goals – Required size of 6 feet high and 18 feet wide.

Law 2 – The Ball: Size 4.

Law 3 – Number of Players:

- A. Maximum number of players on the field at any one time: seven. One of these players must be designated as the goalkeeper.
- B. Playing time: Each player **SHALL** play a minimum of 50% of the total playing time.
- C. There will be U-10 girls' teams and U-10 boys' teams. Boys' teams may be co-ed. If there is one boy on a team, it is considered a boys' team.

Law 4 – Player's Equipment: Conform to FIFA with the following exceptions:

- A. Footwear: Tennis shoes or soft-cleated shoes.
- B. Shin-guards: Mandatory.

Law 5 -- Referee:

- A. Certified referees.
- B. All rule infractions shall be briefly explained to the offending player.

Law 6 – Assistant Referees: N/A



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Law 7 – Duration of the Game:

- A. The game shall consist of two equal halves of 25 minutes each.
- B. The half time break shall be five minutes.
- C. If the game is ‘tied’ at the conclusion of the second half, the match is deemed complete, and a “tie” is awarded to both teams.

Law 8 – The Start of Play: Conform to FIFA with the following exception: Opponents must be seven yards from the center mark while the kick-off is in progress.

Law 9 – Ball in and Out of Play: Conform to FIFA.

Law 10 – Method of Scoring: Conform to FIFA.

Law 11 -- Offside: There shall be no offside.

Law 12 – Fouls and Misconduct: Conform to FIFA with the following exceptions:

- A. All fouls will result in an **INDIRECT FREE KICK** with the opponents seven yards away from the ball.
- B. The referee must briefly explain **ALL** infractions to the offending player.

Law 13 – Free Kicks: Conform to FIFA with the following exceptions:

- A. Shall be classified under one heading – **INDIRECT**.
- B. Opponents must be seven yards away from the ball.
- C. A goal may not be scored until the ball has been played or touched by a second player on either team.

Law 14 – Penalty Kicks: No penalty kicks are to be taken during these games.

Law 15 – Throw-in: Conform to FIFA with the following exception: A second throw-in must be allowed if the player commits a foul on the initial attempt. The referee shall explain the proper method before allowing the player to re-throw.

Law 16 – Goal Kick: Conform to FIFA with the following exceptions:

- A. Goal kick may be taken within two to three yards of the goal.
- B. Opponents must retreat to mid-field when the kick is taken.

Law 17 – Corner Kick Conform to FIFA with the following exception: Opponents must be seven yards away from the ball.

Law 18 – Substitutions: Substitutions shall be unlimited, and be made at mid-field:

1. Prior to a throw-in -either team
2. Prior to a goal kick –either team
3. After a goal -either team
4. After an injury when the referee stops the game –either team
5. At half time –either team



Maine State Premier League Procedures and Rules 2026

Rules: 11U & 12U Modified Rules - 9v9

Law 1 – The Field:

- A. Dimensions: The field of play shall be rectangular, its length being not more than 80 yards nor less than 70 yards and its width not more than 55 yards or less than 45 yards. The length in all cases shall exceed the width. Recommendation: Length - 75 yards, Width - 50 yards.
- B. Markings:
 - 1. Distinctive lines not more than 5 inches wide.
 - 2. A halfway line shall be marked out across the field.
 - 3. A center circle with an 8-yard radius.
 - 4. Four corner arcs with a radius of two feet.
 - 5. Goal Area - 5 yards out from the goal line x 16 yards wide.
 - 6. **Penalty Area - 14 yards out from the goal line x 36 yards wide. Within each penalty area a penalty mark is made ten (10) yards from the midpoint between the goalposts and equidistant to them. An arc of a circle with a radius of eight (8) yards from each penalty mark is drawn outside the penalty area.**
- C. Goals: Recommended and preferred – 7 feet high by 21 feet wide. Optional is 6 feet high by 18 feet wide.

Law 2 – The Ball: Size 4.

Law 3 – Number of Players:

- A. Maximum number of players on the field at any one time: nine. One of these players must be designated as the goalkeeper.
- B. There will be girls' and boys' teams. Boys' teams may be co-ed. If there is one boy on a team, it is considered boys team.

Law 4 – Player's Equipment: Conform to FIFA.

Law 5 -- Referee:

- A. Certified Referees.
- B. All rule infractions shall be briefly explained to the offending player.

Law 6 – Assistant Referees:

- A. Certified Assistant Referees.
- B. Use "Club Linesman"

Law 7 – Duration of the Game:

- A. The game shall consist of two equal halves of 30 minutes each.
- B. The half time break shall be five minutes.
- C. U-11 is "non-results oriented."
- D. U-12 is "results oriented."
- E. If the game is 'tied' at the conclusion of the second half, the match is deemed complete, and a "tie" is awarded to both teams.



Maine State Premier League Procedures and Rules 2026

Law 8 – The Start of Play: Conform to FIFA with the following exception: Opponents must be 8 yards from the center mark while the kick-off is in progress.

Law 9 – The Ball in and Out of Play: Conform to FIFA.

Law 10 – Method of Scoring: Conform to FIFA.

Law 11 -- Offside: Conform to FIFA.

Law 12 – Fouls and Misconduct: Conform to FIFA.

Law 13 – Free Kicks: Conform to FIFA with the following exception: Opponents must be eight yards away from the ball.

Law 14 – Penalty Kicks: Conform to FIFA with the exception that the penalty mark is ten yards from the center of the goal line.

Law 15 – Throw-in: Conform to FIFA.

Law 16 – Goal Kick: U-12 Conforms to FIFA. U-11 conforms to FIFA with the following exceptions:

- a. Goal kick may be taken within two to three yards of the goal.

Law 17 – Corner Kick: Conform to FIFA.

Law 18 – Substitutions: Substitutions shall be unlimited, and be made at mid-field:

- Prior to a throw-in -either team
- Prior to a goal kick –either team
- After a goal -either team
- After an injury when the referee stops the game –either team
- At half time –either team



Maine State Premier League Procedures and Rules 2026

Rules: Rules: 13U to 19U Modified Rules - 11v11

Law 1 – The Field:

A. Dimensions: The field of play shall be rectangular, its length being not more than 120 yards nor less than 100 yards and its width not more than 80 yards or less than 60 yards. The length in all cases shall exceed the width. Recommendation: Length - 100 yards, Width - 70 yards.

B. Markings:

1. Distinctive lines not more than 5 inches wide.
2. A halfway line shall be marked out across the field.
3. A center circle with a 10-yard radius.
4. Four corner arcs with a radius of three feet.
5. Goal Area - 6 yards from each goal post and 6 yards into the field of play, joined by a line drawn parallel with the goal line.
6. Penalty Area - 18 yards from each goal post and 18 yards into the field of play, joined by a line drawn parallel with the goal line.

C. Goals: 8 feet high and 24 feet wide.

Law 2 – The Ball: Size 5.

Law 3 – Number of Players:

Maximum number of players on the field at any one time: eleven. One of these players must be designated as the goalkeeper.

Law 4 – Player’s Equipment: Conform to FIFA.

Law 5 -- Referee:

Certified Referees only.

Law 6 – Assistant Referees:

Certified Assistant Referees only.

Law 7 – Duration of the Game:

A. The game shall be divided into two equal halves.

13U & 14U 35-minute halves

15U & 16U 40-minute halves

17U – 19U 45-minute halves

B. The half-time break shall be five minutes.

C. If the game is ‘tied’ at the conclusion of the second half, the match is deemed complete, and a “tie” is awarded to both teams.

Law 8 – The Start of Play: Conform to FIFA.

Law 9 – Ball in and out of Play: Conform to FIFA.

Law 10 – Method of Scoring: Conform to FIFA.



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Law 11 -- Offside: Conform to FIFA.

Law 12 – Fouls and Misconduct: Conform to FIFA.

Law 13 – Free Kicks: Conform to FIFA.

Law 14 – Penalty Kicks: Conform to FIFA.

Law 15 – Throw-in: Conform to FIFA.

Law 16 – Goal Kick: Conform to FIFA.

Law 17 – Corner Kick: Conform to FIFA.

Law 18 – Substitutions: Substitutions shall be unlimited, and be made at mid-field:

- Prior to a throw-in -either team
- Prior to a goal kick –either team
- After a goal -either team
- After an injury when the referee stops the game –either team
- At half time –either team